

# WAIKATO OSTOMY SOCIETY Inc. NEWSLETTER – March, 2023

## NOTICE OF BI-MONTHLY

ST STEPHENS CHURCH  
HALL  
2 Mahoe Street  
MELVILLE

The dates are as follows for  
2023.

May 28<sup>th</sup>, 2023

**2pm to 4pm**

**New Venue from  
June. To be advised  
July 30<sup>th</sup>, 2023 (Lunch)**

**12pm to 4pm**

**September 24<sup>th</sup>, 2023**

**2pm to 4pm**

**November, 26<sup>th</sup>, 2023**

**2pm to 4pm**

## Tea Parties

Whangamata  
Paeroa  
Hamilton  
Thames

**ALL  
To be advised**

## THE PRESIDENT'S AGM REPORT – MURRAY DEAR

Our Annual General Meeting and 50<sup>th</sup> Anniversary celebrations were held at Rodney & Helena Macdonald's home near Pirongia on Sunday 12 March. Following the AGM, there were speeches from a number of guests, including our Patron Mr. Ralph van Dalen, and long-standing members of the society. For someone whose association with the society has been relatively short, it was quite heartening to hear the stories of ostomates with their trials, tribulations and victories over the years.

Following the AGM, an excellent lunch with members contributing salads while Rodney and Helena provided the meats and subsequent desserts was enjoyed by all. A highlight of the day was the cutting of the lovely 50<sup>th</sup> Anniversary cake by long standing members Helena Macdonald and Barry Maughan. The cake was delicious and it would be fair to say nobody went home hungry at the end of the day.

Thank you all for your contributions to make our 50th Anniversary such a memorable day.



## Waikato Ostomy Society Committee

### Let's SUPPORT our Association

#### PATRON

Mr. Ralph Van Dalen MBChBFRAC

#### President

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#### Committee

Helena Macdonald

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#### Web Sites

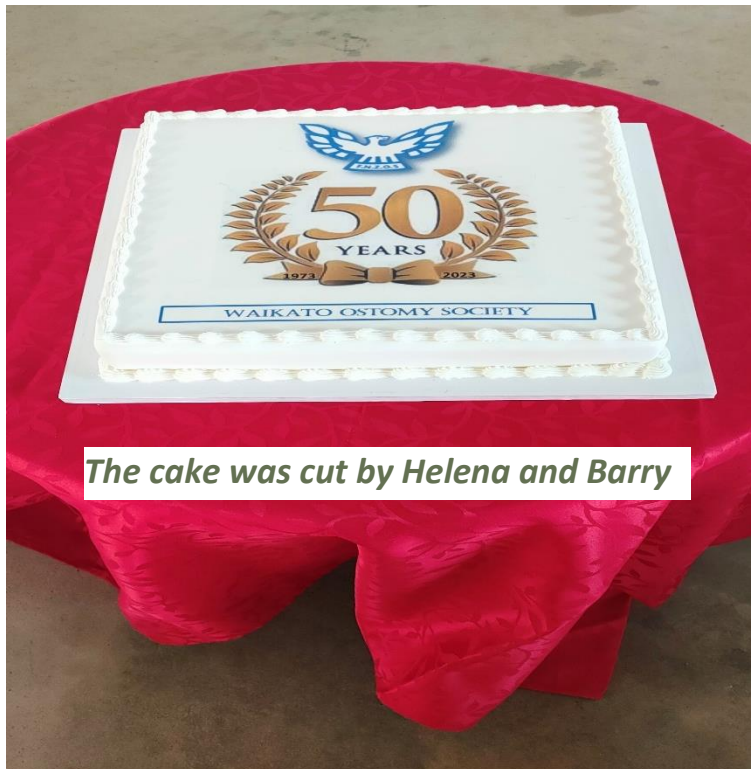
[www.ostomywaikato.org.nz](http://www.ostomywaikato.org.nz) and [www.ostomy.org.nz](http://www.ostomy.org.nz)

#### Facebook

OstoMATES NZ



*This newsletter is kindly printed and posted for us by Mr. Ralph van Dalen*



*The cake was cut by Helena and Barry*

**EAT, MY MIND SAID  
“EAT THE DAMN  
CAKE, FORGET THE  
ORGANIC FOOD.  
AT YOUR AGE YOU  
NEED ALL THE  
PRESERVATIVES  
YOU CAN GET.”**



**Michael calling the AGM to order**



# Speakers for the 50<sup>th</sup> year Celebration

## *Ralph van Dalen (Patron)*

Ralph talked of his admiration of all the Ostomates that he has encountered during his years of surgery, he then referred to modern technology having an immensely improved outcome on the Ostomate's health. Ralph also acknowledged how grateful he is for the hard work carried out by the stoma nurses.



## *Jackie Woodland*

Jackie spoke of her admiration of all ostomates and shared some of the precious moments at the conferences in years gone by.

## *Barry Maughan (past President)*

Barry gave a brief history of his involvement with the Waikato Ostomy Society. Starting in 1987 Barry was able to speak of Ann Jarkiewicz and Dave Morgan who were the original outstanding members. In the early days Barry and Dave were faced with the choice on who should represent the Waikato on the National Executive, Dave won and Barry became our representative in Wellington and has continued to be involved to date. He then went on to being our President from 1992-1995 and along with an excellent team behind him he organised 3 FNZOS conferences.





### Carol Lee (Stoma Nurse)

Carol updated us on the staffing issues, confirming Nicole Prosser had started and covers Tuesday to Friday and Carol covers Monday to Thursday. A new Bowel cancer nurse is to start in April 2023 and along with the improved modern technology, this should help to lighten their load.



### Maureen Jamieson

Maureen provided us with the belly laugh of the day with when she suggested to Mr van Dalen that when doing an optorectomy operation he should cut the cord between the eye ball and the asshole. This way she said, it gets rid of that shitty outlook on life.

**She then proudly announced that she had just turned 90 years.**

**Congratulations Maureen.....**

### Sue Gordon

Sue spoke on behalf of her husband Brian (past President) who sent his best wishes from his bed in the Waikato Hospital. We all wished Brian well.





## Helena Macdonald

Helena spoke of her mother Ann Jarkiewicz who was one of the founding members. Ann had an abdominal perineal resection with an end colostomy. Along with 6 children still at home, Ann helped get the Waikato Ostomy Society up and running. Helena then spoke of her journey helping her Mum and of her own training to become a nurse. This is an interesting story I wish to publish in full at a later date.







Catch -up time



Food is served. A brilliant meal thanks to Helena, Rodney & their family Sarah & Alistair

*Special thanks to our photographer Ella Sumner.*

*And special thanks to Madeline, Harry & Timothy for topping up our drinks.*



**DO Y' ALL REMEMBER,  
BEFORE THE  
INTERNET, THAT  
PEOPLE THOUGHT THE  
CAUSE OF STUPIDITY  
WAS THE LACK OF  
ACCESS TO  
INFORMATION? YEAH.**

**IT WASN'T THAT**